



2022 Salina Parks and Recreation Dodgeball Rules

The Parks & Recreation Athletic Staff set the rules and reserve the right to interpret the rules in the best interest of the Salina Parks & Recreation's Youth Dodgeball Tournament.

1. **Eligibility:** All students currently enrolled in grades 7 through 12 are eligible to participate.
2. **Divisions:** Separate middle school (7th-8th grade) and high school (9th-12th grade) divisions will exist.
3. **Team Composition:** Teams must have a minimum of 5 players and can have a maximum of 8 players.
 - To start a game, teams shall have 5 players on the court.
 - At least 2 players on the court must be females.
 - If a player gets injured during the tournament and the team does not have substitutes, they may play a person down.
4. **Transfers:** Players may not transfer from one roster to another roster.
5. **Playing Surface and Restrictions:** The playing area will be divided into fourths. During play, players can cross the half way line, but may not go beyond three quarters of the playing area.
6. **Balls:** Soft, gator-skinned balls shall be used.
7. **Out:** Players may be gotten out by the following methods
 - A player is out if they are hit by a ball thrown by an opponent before the ball hits the ground, side, ceiling, or back of the playing area.
 - A player is out if their thrown ball is caught by an opponent before the ball hits the ground, side, ceiling, or back of the playing area. Catching a ball does not return a teammate that is already out.
 - If a thrown ball deflects off of a player and is caught by one of their teammates before the ball hits the ground, side, ceiling, or back of the playing area, then the thrower shall be out.
 - A player who gets the ball knocked out of his hands by a thrown ball before the ball hits the ground, side, ceiling, or back of the playing area shall be out.

- A player may shield his/her body from getting out by dodgeballs in their hands. However, if they drop the held ball as a result or if the thrown ball deflects off of the held ball and hits the player, they shall be out.
 - **Exception:** If a player hits an opponent in the head in a natural position, the thrower shall be out. However, if the hit player is ducking or diving to avoid being hit, they shall be out even if struck in the head.
- 8. Starting Play:** To start the game, each player must be touching the end line. Before throwing a ball after retrieving it from the midcourt line to start the game, the player must return and touch the end line.
- 9. Game:** Each game shall be played best of five sets.
- 10. Time Limit:** Each game shall have a time limit of 30 minutes. If the game is still going on when the time expires, the team that is ahead in the sets shall be declared the winner. If the sets are tied, the team with the most players remaining on the court shall be declared the winner. If sets are tied and the teams have the same amount of players, sudden victory shall begin with the team getting the first out declared the winner.
- 11. Holding the Ball:** No player shall hold the ball for 15 consecutive seconds. If a player is holding a ball, a player from the other team may start counting (one thousand one, one thousand two, one thousand three, etc.). If the player is still holding the ball at the time the 15 second count is reached, the player holding the ball shall be declared out.
- 12. Retrieving the Ball:** If a ball exits the playing area, a player may exit to retrieve the ball so long as they immediately return to the playing area. If they do not immediately return to the playing area, they shall be declared out. A player may not leave the playing area for any other reason during play. Leaving the playing area for an unauthorized reason results in the player being out.
- 13. Substitutions:** Players may substitute between sets. No substitutes are allowed during a set except in the case of injury.
- 14. After Getting Out:** After getting out, players must exit the playing area immediately. If they are holding a ball when they get out, they must drop them where they were when they got out. They may not interfere with other balls or players. Intentional interference will result in immediately losing the set.